

Sun Mon Tue Wed Thu Fri Sat



(1A)= 1st Floor Activity Room
 (1P)= 1st Floor Ponderosa Room
 (1G) = 1st Floor Gym
 (D) = 1st Floor Dining Room
 (1FS) = 1st Floor Fireside room
 (2JR) = 2nd Floor Juniper Room
 (2B) = 2nd Floor Billiard Room
 (2CR) = 2nd Floor Card Room
 (3AC) = 3rd Floor Art/Craft Room
 (3T) = 3rd Floor Theater
 (3C) = 3rd Floor Chapel
 (FP) = Fire Pit Area

1
 12:30 Quiddler (2JR)
 2:00 Wednesday Western (3T)

2
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 1:00 Chess Club (2JR)
 1:00 Strength & Stability (1A)
 2:00 Phone/Computer Help (1FS)
 2:00 Better Bones & Balance Lite (1A)
 2:30 Poker (2B)
 7:00 Movie Night (3T)

3
 8:45 Exercise (1A)
 10:00 Bible Study (2JR)
 10:30 Communion (3C)
 11:00 Circuit (1G)
 11:45 Posture Fix (3T)
 1:30 Art with Charlene (3AC)
 2:00 Balance (1A)
 2:30 Scrabble (2JR)
 4:00 Happy Hour (1A)

4
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 1:30 Bingo (1A)
 1:30 Shopping
 2:30 Crosswords (1FS)
 3:30 Upwords (1FS)
 7:00 Movie Night (3T)

5
 8:00 Rides to Church
 1:30 Sunday Ride to Prineville
 7:00 Sunday Night Movie (3T)

6
 8:45 Exercise (1A)
 10:00 Busy Fingers (3AC)
 11:00 Circuit (1G)
 11:00 Blood Pressure Clinic (1P)
 11:45 Posture Fix (3T)
 1:00 Bunco (1FS)
 2:00 Matinee Movie (3T)
 2:00 Balance (1A)
 3:00 Sing Along Music (1FS)
 5:30 Victor Johnson (D)
 6:30 Mexican Train (2JR)

7
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 11:45 Ale Trail
 1:00 Kitchen Sink Exercise (1A)
 2:00 Cardio Drumming (1A)
 3:30 Resident Birthday Party (1A)

8
 8:45 Exercise (1A)
 12:30 Quiddler (2JR)
 3:30 Watercolors w/ Bill Lewis (3AC)
 3:30 Wine Social with "Just 3 Guys" (1FS)

9
 8:45 Exercise (1A)
 10:00 Men's Group-GI Shows (3T)
 10:30 Bingo (1A)
 1:00 Strength & Stability (1A)
 1:00 Chess Club (2JR)
 2:00 Phone/Computer Help (1FS)
 2:00 Better Bones & Balance Lite (1A)
 2:30 Poker (2B)
 3:00 Craft Class! (3AC)
 7:00 Movie Night (3T)

10
 8:45 Exercise (1A)
 10:00 Bible Study (2JR)
 10:30 Communion (3C)
 11:00 Circuit (1G)
 11:00 You Be The Judge! (1P)
 11:45 Posture Fix (3T)
 1:30 Art with Charlene (3AC)
 2:00 Balance (1A)
 2:30 Scrabble (2JR)
 4:00 Happy Hour (1A)

11
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 1:30 Shopping
 1:30 Bingo (1A)
 2:30 Crosswords (1FS)
 3:30 Upwords (1FS)
 7:00 Movie Night (3T)

12
 8:00 Rides to Church
 1:30 Sunday Thrift Store Shopping
 7:00 Sunday Night Movie (3T)

13
 8:45 Exercise (1A)
 11:00 Circuit (1G)
 11:45 Posture Fix (3T)
 2:00 Matinee Movie (3T)
 2:00 Balance (1A)
 3:00 Sing Along Music (1FS)
 6:30 Mexican Train (2JR)

14
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 11:45 Indian Head Casino
 1:00 Kitchen Sink Exercise (1A)
 2:00 Volleyball (1A)
 6:00 Old Time Jammin' (1A)

15
 8:45 Exercise (1A)
 12:30 Quiddler (2JR)
 2:00 Balance (1A)
 2:00 Wednesday Western (3T)
 2:45 Chair Yoga (3G)
 5:30 Larry Rauch (D)

16
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 1:00 Strength & Stability (1A)
 1:00 Chess Club (2JR)
 2:00 Phone/Computer Help (1FS)
 2:00 Western Story Teller (1A)
 2:30 Poker (2B)
 7:00 Movie Night (3T)

17
 8:45 Exercise (1A)
 10:00 Bible Study (2JR)
 10:30 Communion (3C)
 11:00 Circuit (1G)
 11:45 Posture Fix (3T)
 1:30 Art with Charlene (3AC)
 2:00 Balance (1A)
 2:30 Scrabble (2JR)
 4:00 Happy Hour (1A)
 5:30 Gae & Arloa (D)

18
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 1:30 Shopping
 1:30 Bingo (1A)
 2:30 Crosswords (1FS)
 3:30 Upwords (1FS)
 7:00 Movie Night (3T)

19
 8:00 Rides to Church
 1:30 Sunday Shopping-Old Mill
 7:00 Sunday Night Movie (3T)

20
 7:30-10:30 Mimosa Monday!
 8:45 Exercise (1A)
 10:00 Busy Fingers (3AC)
 11:00 Circuit (1G)
 11:45 Posture Fix (3T)
 1:00 Bunco (1FS)
 2:00 Matinee Movie (3T)
 2:00 Balance (1A)
 3:00 Sing Along Music (1FS)
 6:30 Mexican Train (2JR)

21
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 11:45 Ale Trail
 1:00 Kitchen Sink Exercise (1A)
 2:00 Cardio Drumming (1A)
 2:00 Grief Support Group (3T)
 3:30 Aged to Perfection (1A)

22
 8:45 Exercise (1A)
 12:30 Quiddler (2JR)
 2:00 Balance (1A)
 2:00 Wednesday Western (3T)
 2:45 Chair Yoga (3G)
 3:30 Watercolors w/ Bill Lewis (3AC)
 3:30 Wine Social w/ "Jerry Foxworth" (1FS)

23
 8:45 Exercise (1A)
 9:45 Men's Group Outing- Bend Museum \$5
 10:30 Bingo (1A)
 1:00 Chess Club (2JR)
 1:00 Strength & Stability (1A)
 2:00 Phone/Computer Help (1FS)
 2:00 Better Bones & Balance Lite (1A)
 2:30 Poker (2B)
 7:00 Movie Night (3T)

24
 8:45 Exercise (1A)
 10:00 Bible Study (2JR)
 10:30 Communion (3C)
 11:00 Circuit (1G)
 11:00 You Be The Judge! (1P)
 11:45 Posture Fix (3T)
 1:30 Art with Charlene (3AC)
 2:00 Balance (1A)
 2:30 Scrabble (2JR)
 4:00 Happy Hour (1A)
 Feet Retreat-Dawn (541)788-4785

25
 10:00 Safeway Shopping
 10:00 Rosary (3C)
 10:45 Rides to House of Covenant
 1:15 Spotlight Recital-Woodwind @ Willie Hall
 1:30 Bingo (1A)
 2:30 Crosswords (1FS)
 3:30 Upwords (1FS)
 7:00 Movie Night (3T)

26
 8:00 Rides to Church
 1:30 Shopping
 2:00 Whispering Winds Opera House Presents: (3T)

 7:00 Sunday Night Movie (3T)

27
 8:45 Exercise (1A)
 10:00 Welcome Committee (1FS)
 2:00 Matinee Movie (3T)
 3:00 Sing Along Music (1FS)
 6:30 Mexican Train (2JR)

28
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 11:45 Indian Head Casino
 1:00 Kitchen Sink Exercise (1A)
 2:00 Volleyball (1A)
 2:00 Band of Brothers (2JR)

29
 8:45 Exercise (1A)
 12:30 Quiddler (2JR)
 2:00 Balance (1A)
 2:00 Wednesday Western (3T)
 2:45 Chair Yoga (3G)
 4-8 Resident Appreciation Dinner

30
 8:45 Exercise (1A)
 10:30 Bingo (1A)
 1:00 Chess Club (2JR)
 1:00 Strength & Stability (1A)
 2:00 Phone/Computer Help (1FS)
 2:00 Better Bones & Balance Lite (1A)
 2:00 Food Committee Meeting (D)
 2:30 Poker (2B)
 3:00 Craft Class! (3AC)
 3:45 Sunshine Smilers Visit (1A)
 7:00 Movie Night (3T)

31
 8:45 Exercise (1A)
 10:00 Activity Committee Meeting (1A)
 10:00 Bible Study (2JR)
 10:30 Communion (3C)
 11:00 Circuit (1G)
 11:45 Posture Fix (3T)
 1:30 Art with Charlene (3AC)
 2:00 Balance (1A)
 2:30 Scrabble (2JR)
 4:00 Joke Happy Hour (1A)

